



Hunger Walk/Fun Run 2010

Pledge Form for _____
(Individual or Team Name)

I am helping people move from crisis to self-sufficiency, one step at a time, by walking in the 28th annual Lighthouse of Oakland County Hunger Walk on May 1st, 2010. This once-a-year event funds their year-round food pantry program. Along with hundreds of others, I walk to help end hunger in our communities.

Did you know?

*Every month, over 900 families turn to Lighthouse to keep food on the table.
70,000 Oakland County residents live below the poverty level.
You too can help people move from crisis to self-sufficiency, one step at a time.*

Sponsor's Name	Phone Number	Address	Flat Pledge Amount	Pledge per Mile	I'll walk with you!

10 Quick Ways to Raise Pledges

10. Put your loose change in a jar at the end of every day
9. Collect cans & bottles
8. Write a letter to friends and family letting them know what you're doing and why. Ask for their support.
7. Sell candy, chips, popcorn, pizza, bagels or donuts at the office. (You may be able to get the goods donated so everything goes to your fundraising.)
6. Ask your boss to donate a free day off and have a raffle.
5. Host a pot-luck lunch or dinner. Ask everyone to bring a dish to pass and donate what they would have spent eating out.
4. In the lunch room or break room, leave a stack of donation forms and a sign with a picture of yourself and a note about why you are participating in the walk.
3. Ask about your company's matching gifts program for any donations you, or your co-workers make.
2. Host a mini-walk. Recruit friends, neighbors or co-workers (especially those that can't join you on May 1st) charge a small walk registration fee and head outside over lunch, or on a weekend morning.
1. _____

We are waiting to put your creative idea here!

Send your idea to:

Jobyrne@lighthouseoakland.org

Your e-mail may end up on our website to inspire others!



How to Raise \$200 in Eight Days

Day 1 Start by pledging yourself for \$10.

Day 2 Ask two family members to sponsor you for \$10 each.

Day 3 Ask five friends to contribute \$5.

Day 4 Ask five co-workers to contribute \$5.

Day 5 Ask five neighbors to contribute \$5.

Day 6 Ask five people from your church/temple for \$5.

Day 7 Ask your boss for a company contribution of \$20.

Day 8 Ask five businesses you frequent for \$10



Better yet, how to raise \$200 in just Four days

Day 1 - Find three friends to walk with you.
Then have each person complete Days 1 through 3 above.